



Free Beaches NZ

News from the raw edge!

April - May 2022



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Have YOU been there yet?

A lovely evening at the beach, for those into skinny-dipping down a Canterbury moonbeam last February.

Alex, our Auckland contact has decided to try out making Ladies Bay, in St Heliers, the default place to be for the special occasions, like January's Day without bathing suits,

February & March's Skinny-dipping Down a Moonbeam and June's Polar Plunge. (See page 10.)

In Wellington the 'city' beach is Breaker Bay (on the south coast near the airport) while Peka Peka Beach off Te Hapua Road on the Kapiti Coast is generally preferred.



Free Beaches NZ Inc

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World Naked Bike Ride 2022 - Waitati



It's a long slow campaign but the war against the infernal machines that go suck, squeeze, bang and then fart out their noxious waste products is slowly being won and we can look forward to affordable electric transportation.

By riding naked we emphasise the contrast between frail human bodies and the steel machines that dominate our roads,

This is the 8th year that our southern contingent of Free Beaches NZ have supported a naked bike ride and although

numbers this year were down a bit we all still enjoyed it and appreciated the support from locals especially at the Pirate Queen's Cove – we love them all. The sun shone, other road users were polite and everybody returned safely.

Waitati has its very own Pirate Queen, Mandy Mayhem-Bullock. She is a prominent and very colourful local celebrity and member of the community board and is very supportive of local activities including our naked bike ride.

Paul Campion for the Southern Free Beaches Collective

Please note that any remits to be forward for presentation at the next AGM (probably in September) need to be in the hands of the Secretary (Box 20-295, Christchurch 8543) by April 30th.

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Please note that we are always interested in adding to our list of contacts around the country.



If YOU would like to support the use of a local beach, pool, river or other suitable venue in your area, *please let us know!* We love to share a 'good word' on where and what the local family-friendly options are, for genuine Naturist recreation!

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Southern Free Beaches Berwick Naturist Retreat 2022

Another great Berwick Retreat with our naturist friends

Our guiding principle: all-together-we're-makin'-Muffins, a-Huffin and a-Puffin and being KIND.

With a background of Covid restrictions, this year's preparations were a little fraught. In the end we had 31 fully vaccinated participants from way up north down to Central Otago and the lakes area, but most were locals.

It was once again exciting to get the handover from Debbie, the Otago Youth Adventure Trust warden, to start our weekend retreat. Participants were queued at the gate as it had been a blisteringly hot Friday in Dunedin so there was a rush for the deck chairs, a drink, some shade and some convivial company; in that order.



Saturday's weather, though warm, was a bit damp although this didn't stop several groups from exploring nearby tracks by bicycle and on foot. Some ventured so far up into the mists that they were able to connect with that oracle in the sky, the internet.

As Sunday dawned sunny and warm the kayaks were launched and well used.

Phil kept us happy during the day with sausage roll savouries and slices. The shared meal on Saturday night was organised by Shirley and Gail. A list of jobs posted of help needed were readily picked up. Ice cream was made. A laden buffet set out and consumed. Leftovers for lunch on Sunday.



Our mega multi-draw raffle after tea for donated items, was again a big success.

Most are far too active to pursue the art of doing nothing - however Huffin is pleased to report that the person who failed to make it through the whole weekend last year, managed to largely restrain his youthful enthusiasm to get through this time.



We can also report that the sauna was in hot demand as a place to relax and tell wonderfully exaggerated stories.

Much kindness on show. Awesome.



Lynn Cooke, our quiz mistress extraordinaire, ran another fine quiz which inexplicably my team lost. Afterward the supreme awards were given out for Physicality, Doin' Nuffin', Help'n the kitchen, Random act of Kindness, and Generosity.

Berwick naturist retreat is organised by the Anarcho-syndicalist Collective of Southern Free Beaches Members and Unincorporated Comrades; that is, a group of Free Beach members living down south and friends from Alpine Lakes Naturist Club and Southern Naturally.

Paul Campion



SEE YOU In FEBRUARY 2023!

“SPEECH IN THE NUDE FOR THE RIGHT TO A THIRD SKIN”

I don't care if I look ridiculous or not. I'm fully aware of that. I live in a kind of golden tower, I'm fed up that only I live there and that I am well off and that I am happy that everything is made of cobalt and silver. And when I look outside, I see that everything is full of ruled and T-squared misery and everybody is imprisoned, and that is so terrible that it spoils everything for me. I would much prefer looking out somewhere and seeing that it is beautiful everywhere, and it would be important for people to start building their castles themselves. For if they don't do that once and for all, I don't know what is to become of it all.

I personally grow ill when I walk through the streets, which are all the same and where the windows are all the same. I personally can't stand that any longer. And I am surprised that people walk through these streets every day, all of them straight like rulers, and that nobody protests. And I find that the two last revolutions are over and they've made it – the revolution against hunger and the revolution for freedom – and just the same nothing works anymore. And now an enslavement is beginning which is worse than the ones we have experienced so far.

The next revolution will be the one when people rebel against these straight things and this manufacturing which not even the machine wants to do. Three days ago I realised that the machine itself doesn't want to be constantly used to produce things on an assembly line. A machine makes so many rejects, the individual rejects of a machine often exceed the objects which are all identical and ready for use.

Just one small adjustment on the machine, and it is capable of producing bottles or plates which are all different. The machine only wants what man wants. If man wants it to make idiotic things, it does, and if man wants it to make beautiful things, it does that. Man shouldn't adjust to the machine, but the machine to man. The first thing to do, when a machine is bought, is give it a kick so that it is different from the others. How can man live with these things which are all the same? Are you all so lame-brained that you put up with that? I don't understand how you take all that without a murmur and don't rebel against it. For this revolution will come, people will no longer accept that.

There is no point in a couple of artists doing something worthwhile and not the all the people, as I said before. It is embarrassing that I, only me all the time, and this and that person, only a very few, do anything. When I look out of the window, I would like to see that something beautiful is happening. I mean that out of pure egoism.

We live in buildings which are criminal and which were built by architects who are really criminals. And I can prove that. If you stunt a child's growth, it is something very similar. There are child prodigies they give pills to so they stay small. That is a criminal act: so they stay that small and don't get bigger. Architecture should not start growing until people move in and not vice versa.



There is a kind of protest against this kind of architecture: you don't have to use this architecture, you know, you don't have to enter it. You go to the next telephone booth, call up, and say, "I'm not going into this building, the man should come out and we'd do better to meet in a Baroque pavilion or under a tree." I am against the use of drugs. For the people who take drugs are the ones who live in a dream, and the objects remain arrested in their dreams. It is better, when a new order is being erected, to do this in a sober state.

I have the feeling that I am living amongst a bunch of lame-brains, a bunch of poisoned slaves who do nothing. What I would like best to do is nothing and instead watch what the other people do. I have a definite feeling for how life should be and how paradise should be. I would much prefer to sit in a chair and look at paradise, but since it is not taking shape and doesn't want to, I unfortunately have to do it myself.

For example, I cannot understand that people live in these prisons – I keep coming back to this – and don't rebel against them. It would be so simple; after all, they only need to paint something around the windows or put in some mosaics. The younger generation is already doing this. It won't go along with it. Today's fifteen- and sixteen-years-olds are not going along with it. They can't change architecture yet, for they are not yet permitted to do so. There is an authority for that which prevents this no matter what. Only some architects or other with diplomas may do anything. And these architects, like everybody who has gone to university, are so over-educated... By virtue of the machinery they've been through they're no longer capable of conceiving an idea of their own. They are legally qualified but are totally incapable of thinking creatively, and these people are responsible for us all.



In this world it is like this: if you put a crown on your head, you are king, and if you put on two, you're the emperor. Why don't the people put on a crown? Because they are too cowardly to be kings.

They don't even have the nerve to stick their nose out the window, they don't even have the nerve to tack a thumbtack in the wall – for fear of losing their lease.

And it is so simple, at that.

I guarantee you I can transform the appearance of the city of Munich in five hours in a way that you wouldn't recognise it. All that would have to happen is for everyone to consciously lean out the window and do something. All they have to do is undress or draw a line outside.

All it takes is for a man to walk through an ugly street like that with a hat fifteen meters high, and immediately the architecture is changed for the time he needs to walk through this street.

All it takes is for a car which has been changed somehow – with a superstructure or a pretty flag – to drive through these mass-produced things, and as long as the car is passing through, the architecture is changed. That is the proof. A single person can change the architecture just by being present. The city's appearance will be all the more changed if everybody does it. Why do we have Carnival once a year? Isn't it so that these people can let off steam, these fools, isn't it because they don't have the nerve to behave in everyday life the way they do at Carnival? At Carnival everybody does as they like, don't they? I know, you think maybe this manifestation is some sort of Carnival prank, but it isn't. It is dead serious. I am sure, I am convinced that this day will go down in history, that as of today a new age has dawned.

The only possibility is to incite people to the new revolution. If they are too dumb to get the idea themselves, they

have to be told that they are fools. You, too. You go to work with a necktie on every day and the like. Why? For fear of being noticeable, for fear that something might happen. The slightest deviation and already you are afraid you could be sacked, be expelled from school or this or that. Why, what for, what can happen to you? That you won't get paid or something?

Why are there these lame-brained strikes for more – to get more money? You can live with less. I can assure you that you only need so much money because you buy these lame-brained consumer goods.

So, if you buy a plate, change it; if you buy a washing machine, give it a kick; when you come home and go into the bathroom and see these tiles that are all the same, take a hammer and smash them, so that this sterile order of the grid is broken once and for all.

Friedensreich Hundertwasser

Speech at Galerie Hartmann, Munich, December 12, 1967



NAKED WANDERINGS

Because Life is Better Without Clothes



This is probably the number one question that we are being asked (with “How do you make money?” as a close second, but that’s for another blog post). Some propose their own opinions. Are we prudes? Are we not really naturists? Are we poseurs who are just looking for quick fame on the internet? Are we keeping the juicy stuff to put behind a pay-wall?

Truth to be said, as Naked Wanderings evolved over the years, we got this question less and less. People started to trust that what we do is genuine and valuable, even without nipples or genitals. Until recently, when we started making videos on YouTube and reached a completely new audience. Our “not so naked” presence became a hot topic again, so we figured that it was time to address the elephant in the room.

Digestible naturism

Naked Wanderings started from the idea that we could do things differently than the (then) available naturist content. Our goal was to tell the world about naturism and hopefully inspire them to give it a try one day. We figured that we could do more than the typical naturist magazine or the old-fashioned naturist website. There were a number of things that we specifically wanted to counter: the patronising tone, the endless list of rules, the many articles about what naturism is not, and... the frontal nudity.

We wanted to create content that just shows that naturism is fun. Not with the intention to compete with the “traditional” naturist content but rather to bring an additional perspective. Most of all, we wanted our content to be easy to digest, and not using frontal nudity was an important part of that. Few people dare to read a naturist magazine on the train, fearing that the other passengers will think that they are creeps. But they can read the Naked Wanderings blog on their iPads, because other than the occasional butt, there is hardly anything that can shock the person next to them.

Our struggles with social media

Even though we didn’t believe in the necessity of full-frontal nudity, we weren’t always as careful as we are today. If you’ve been following Naked Wanderings from the very beginning, it’s quite likely that you’ve seen some body parts that you won’t find in our pictures today. Most of the time from a distance and surrounded by nature, but they were there. Maybe you didn’t even notice it, but the social media algorithms most certainly did.

<https://www.nakedwanderings.com/censorship-on-naked-wanderings/>

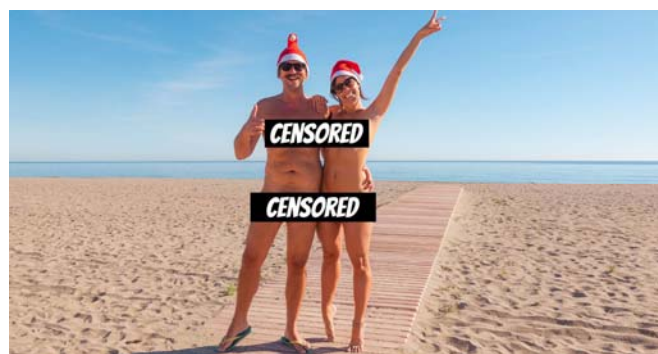
We learned about a thing called “Community Guidelines” when we received our first Facebook ban. Facebook was the first social medium we used to promote our blog and it didn’t take long before it turned against us. We figured that this was just an unlucky shot and continued doing what we had been doing before. But not for long. More bans would follow and eventually we also lost our very popular Instagram account.

We were at a crossroads. Either we should turn away from mainstream social media (except for Twitter) or we should start studying those Community Guidelines and make sure that we comply 100%. As you probably realise, we chose the latter.

Love/Hate relation with censorship

We chose to make sure that all our content is social media proof. On one hand, we believe that we need mainstream social media to make our words fly as far as possible. But also, because we started noticing that censorship actually did come with some advantages. SAY - WHAT? We know, if you’re a naturist with an online presence you probably think that we’ve gone bonkers. But you’ve also noticed the amount of crap and harassment that is happening in online naturism.

When we talked with other naturist content creators, they often complained about how the “dirty comments” regularly outnumbered the genuine comments. About how they heard “nice tits” more often than “great scenery”. We didn’t really have that experience. Of course, we did get some harassment and dick-pics, but not to the extent that others used to get this. We realised that to those who are surfing the web to see nudity, we’re probably the most boring naturist couple in the world.



Another advantage came from the traditional media. Remember that we wanted to make our content easy to digest? Newspapers and magazines want the same. They love nudity because they know that those articles typically attract a larger audience which is good for their advertising income. But they too want to make sure that you won't feel ashamed to read their paper on the train. We gave them the perfect solution and it didn't take long before our story appeared in newspapers around the world. Goal: to spread the word about naturism as far as possible... CHECK.

What about platforms that do allow nudity?

Whenever we explain why we censor our content, this is the obvious follow-up question. A valid question indeed. We are very active on Twitter and we are co-founders of Naturist Hub. And there are several other platforms where we shouldn't fear getting banned. So why don't we let it all out on those? The answer is "time". Writing blog posts, taking pictures, making videos, and setting up social media strategies takes a lot of time. If we need to add creating quality content that does include nudity to that list, we'll either need to work more hours or work faster (and thus decrease the quality of our other content). And for what? Would uncensored content prove that we are real naturists?

But what if we could make an income from uncensored content? What about our Patreon Page? It's not hard to see a profitable model here. If we would put uncensored content (or, why not all the way: full frontal nudity?) on Patreon, it would definitely generate a much larger income. This means that we could cut down on other income streams and not have to sacrifice time or quality. It sounds like the perfect plan, and it's something we have considered. But then our morality tells us, selling our nudity just feels like prostitution.

Don't get us wrong, we're not saying that all naturist content creators on Patreon are online prostitutes. Our friend Hector Martinez, for example, puts a lot of focus on Patreon. But you don't need to get a subscription if you just want to see him naked. He's nude all over his Twitter account. Instead, on his Patreon, you'll just find more of the same content. This is a big difference.

So will you never see us naked?

We think that this is a very weird question but still we get it from time to time. "If you are naturists, why are you never naked?" It blows our minds. What do you mean? Have you ever looked at our Instagram? We are naked in pretty much every picture! Of course, we understand where this question comes from, but if you think that we are not naked just because you can't see our genitals, you're probably not the audience we are trying to reach.

The question we are personally struggling with the most is whether what we do isn't counterproductive. By using censorship, aren't we actually sending out the wrong message? Are we in fact shaming the nude body? We truly hope that people can see through our censorship (figuratively, of course, because we've gotten damn good at it) and realise that we have our reasons to do this. And if you still don't understand why we're not just going full-frontal, please start reading this blog post again from the top.

Just kidding, we know that many naturists don't agree with our opinion and that is totally fine. We don't think that our way of doing things is the only right path. We only think that it's one of the paths. So let us know what you think!

Nick & Lins, March 2, 2022

Indoor Bowls

Sunday May 22nd
Begins at 1pm.

Southern Free Beaches
challenges Alpine Lakes
and all other comers.



Warrington Hall is booked for this event. An afternoon of attempting to get the bowls where you want them to go, followed by a B B Q (all weather) at Kowhai Heights. Please BYO meat.

Everything else is provided by Southern Free Beaches

The Warrington Indoor Bowls club has kindly agreed to let us use their equipment so a small donation for them would be greatly appreciated.

Come along and join the fun. Please let us know by May 18th for catering please.

RSVP (by **May 18th** please)

Julie 0274718941

or e-mail

southernfreebeaches@gmail.com

The Rainbow Gathering of 2022

Rainbow gatherings are a celebration of the joy of life held for one lunar month in the cathedral of nature built around the kaupapa of peace, acceptance, personal freedom and community.

Originating fifty years ago in the US hippie era of 1972, Rainbow Gatherings came to us in the early 90s. There have been 20 in total here: usually one summer event per year.

The gatherings are anarchic in nature; that is, they have no leader or committee running the camp. Periodically the Gathering will meet as a talking circle for matters that need to be discussed; to be debated and a consensus reached.

A food circle is held for a communally prepared vegan meal shared twice a day around a ceremonial fire. This fire represents Papatuanuku, the Earth Mother. Food is generally gifted by those arriving, but new supplies are obtained locally as required, with funds collected after each meal.

The most recent gathering originated from a chance conversation last year with the owners of Bushlands camping ground, where a local site in the Tangarakau Gorge was suggested. (Bushlands is about an hour from Taumarunui, where the old Tangarakau public works township used to be.)

In October, a site in mature native forest, on the Mount Damper Track above the Mangapapa River, was scouted for its suitability. But at the time the river was in high flood.

Expectations were fairly high when the invitation to gather was made as there had been nothing for a couple of years. Numbers attending were fairly constant at around 60. Probably over the month of the Rainbow family coming and going the number passing through could be up to 240. Most were young people in their twenties who had not attended a Rainbow Gathering before. Even so they were familiar with the relevant principles and protocols.

The high point of the Gathering is the full moon. This is marked around the sacred fire with a communal meal, a cacao ceremony, and an 'angel walk' followed by drumming into the early hours. The angel walk is made up of two lines. Your eyes are closed. Those in the line hug each brother or sister walking through, and speak of their love and respect for each person. It is an amazing experience of human solidarity which you cannot easily put into words. The drumming afterwards was particularly memorable.

One of the good things about these Gatherings is catching up with those I'd previously met in the Rainbow family; and I picked up a new topic this time: to leave the city for communal spaces on the country.

These schemes are a combination of private and communal living in which you share facilities such as a garden and kitchen, also known as homesteading. Generally speaking, a capital investment is required and a weekly levy is made for council rates. Existing schemes are at Taumarunui (on 20 acres) and another north of Thames (240 acres). New proposals are at Coroglen (near Wilderland), East Cape, and near Whangarei. There is also family living on land at Raglan.

Wilderland itself is having a high turnover of members at present. It is still affected by the bushfire of 2017. The apiarist has left but the shop on the highway continues to trade well and keeps the community financially afloat. New members and visitors are sought.

So what of nudity at Wilderland today?

I learned that nothing much has changed in recent years. Being naked is fine anywhere, except at the community hall and on the road down. This is a little more restrictive than in the heyday of Wilderland during the 1970s, when nakedness was acceptable anywhere. Wilderland provided the Gathering with several crates of plums and avocados.

The month was particularly hot with day temperatures being over 30°. Very soon the minor stream tapped for water ran dry. Water had to be bought in using 1000 litre tanks. By this stage the river was a mere trickle and not suitable for drinking. The locals explained that low flows in summer were pretty normal. Water is sold at the Whangamomona Hotel for \$250 per tank (which weighs 1 tonne and needs a 4WD and heavy duty trailer to shift).

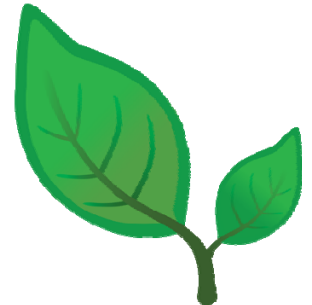
Gatherings are clothes-optional. Some see nudity as a spiritual way of connecting with the natural world, but for others it's just a case of freedom from the restrictions of Babylon (the outside). At this event nudity was common-place where tents were erected and where travelling vans were parked on the road nearby and at the river where there were a series of deep, swimmable pools. Women were often bare-breasted. I was there for the Full Moon ceremony, then returned for the final days to find the event a lot more chilled; nudity was just common-place. At the closing ceremony there were 15 or so participants naked.

A Vision circle had been held the day before and it was agreed to give money to those looking for a site in the northern South Island for March. There is also a plan to hold another Rainbow on Aotea (Great Barrier Is) in summer 2023, with family being taken there by boat from Waiheke.

All in all a successful month of communal living and for me, a chance to relive my youth and connect with those of like mind. And thankfully - no discussion about COVID!

Gerald Davidson 11/2/22





ALPINE LAKES NATURIST CLUB

Invite you to join us for

THE NAKED DINNER!

1908 Restaurant

Portobello, Dunedin

16 July 2022 @ 7 pm

Cost: 2 course meal \$50.00 per head.

Note: seating is limited to 50 so get cracking and reserve early so you don't miss out - contact Lynn 0224572352 lynn.russ@xtra.co.nz

MENU

Silver Ferns Roasted Ribeye of Beef

Oven Baked Salmon Fillet served with Garlic or Plain Prawns and Fennel Bulb Slaw

Gourmet Potato's with Parsley Butter

Fresh Green Salad served with homemade vinaigrette

Roasted Root Vegetables

Vegetarian option Available on request: Baked Pumpkin Galette

DESSERT

Warm Chocolate Brownie served with a Fresh Fruit Salad And Whipped Cream

David, our host, ensures me the place will be warm.

Remember your Bum Towel!

HAPPINESS CHEMICALS & HOW TO GET THEM

@TheFitnessTutorUK



DOPAMINE

THE REWARD CHEMICAL

- EATING FOOD
- ACHIEVING A GOAL
- GETTING ENOUGH SLEEP
- HAVING A BATH



OXYTOCIN

THE LOVE HORMONE

- SOCIALISING
- PHYSICAL TOUCH
- PETTING ANIMALS
- HELPING OTHERS



ENDORPHIN

THE PAIN KILLER

- EXERCISING
- LAUGHING
- LISTENING TO MUSIC



SEROTONIN

THE MOOD STABILISERS

- SUN EXPOSURE
- MINDFULNESS
- NATURE WALKS

TRIED

LADIES BAY?

Our Auckland Free Beaches contact, Alex, would like to make Ladies Bay the default Auckland beach for our 'special swims' like the Mid-winter event, Skinny-dip down a moonbeam and Day without bathing suits.

I suggest that our members in Auckland also go there by default, and then let's see how things work out over the next year or so. (JL)



northland Ostrich & emu

RAEWYN & ROSS PENNELL
DIRECTORS

KAIMAUMAU Rd R.D.1 AWANUI, NORTHLAND
PH: 09 406 8807 e-mail: ostemu@gmail.com



In Northland, on the road to East Beach only 4 km from S H 1 is Raewyn & Rosco's Ostrich farm which offers direct access to the Rangaunu Harbour. Relax on a deck or go kayaking in the ocean estuary. Alongside the banana trees you'll find plenty of room for vans, tents and other accommodation.



Aside from the fascinating, unique interior decorations downstairs, there are two splendid bedrooms available upstairs.



Raewyn & Rosco's farm has plenty of room for parking, whatever vehicle you arrive in. On-site accommodation includes a caravan with double bed (and nearby external toilet) while upstairs in their house you'll find a twin room and a double room with ensuite. Outside, along with the big bird life, two kayaks are available for exploration of the Rangaunu Harbour, which is easily accessed through the mangroves on their southern border. Easy access to East Beach is 9km further along Kaimaumau Road: drive to the end and walk 200 m north.

Find them at 388 Kaimaumau Road R.D. 1 Awanui, Northland, 0486; contact options: ostemu@gmail.com or phone numbers: 09 406 8807 and 027 492 1931. They're only 13 km north of Awanui (which is 6km north of Kaitaia); turn right 3km north of Waiharara, into Kaimaumau Rd. The farm is 4km east, with its entrance on the right.

forests & fields

a lawn, garden, transport & photographic service

My name is Jesse, I have extensive experience at Orton Bradley Park; tractor mowing of the picnic grounds, maintaining it's numerous streams, and walking tracks - a number of them are steep bush-clad tracks, winding up into the hills on which I have done brush-cutting, chain-sawing and pruning overgrowth from the tracks.

NATURIST OUTINGS

I am licensed and insured to carry a small group of passengers, I know of many pleasant, private locations for naturist camp trips accessible by 4wd — 4 passengers; I can supply tents and other camping equipment, you have the option of accompanying me in another vehicle.

And if you are feeling daring and brave, you might like to choose to have a naturist picnic at a quiet and secluded (though public) setting, go for walks on Canterbury's or Bank Peninsula's numerous walking tracks, or perhaps cycle on a quiet country road.

(I'm able to transport cycles in my trailer).

Nude Photography: - Individual or group photography taken in natural and serene settings. (We do the mid-Canterbury, Christchurch & Banks Peninsula areas - though will consider further afield).

**CONTACT ME TODAY FOR FREE
ESTIMATE OR FREE INITIAL VISIT**

phone / txt 027 474 9612

VISIT www.forestsandfields.co.nz

to email me directly

not naughty or rude - just nude

Full liability insurance

North Island ~ Events Calendar

AUCKLAND

April

Thu 7 th	Parakai Springs*	10am - 7pm 150 Parkhurst Rd, Parakai \$26 (20% discount with ID card)
Thu 21 st	Parakai Springs*	10am - 7pm 150 Parkhurst Rd, Parakai \$26 (20% discount with ID card)

May

Thu 7 th	Parakai Springs*	10am - 7pm 150 Parkhurst Rd, Parakai \$26 (20% discount with ID card)
Thu 21 st	Parakai Springs*	10am - 7pm 150 Parkhurst Rd, Parakai \$26 (20% discount with ID card)

June

Thu 7 th	Parakai Springs*	10am - 7pm 150 Parkhurst Rd, Parakai \$26 (20% discount with ID card)
Sun 19 th	Mid-winter Swim	2pm - At Ladies Bay - contact details: Alex aht-fbnz@pm.me
Thu 21 st	Parakai Springs*	10am - 7pm 150 Parkhurst Rd, Parakai \$26 (20% discount with ID card)

* Parakai Springs visitors, please book or check 0800 468 766 (HOT POOLS) as it can be *already booked!*

WELLINGTON

June

Sun 19 th	Mid-winter Swim	3pm @ Peka Peka Beach then BYO BBQ @ Chris' place: 021 375 119 [TBC]
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South Island ~ Events Calendar

CHRISTCHURCH

April

Sat 2 nd	Spencerville Beach Day	From 1pm. Go through Heyders Road entrance, contact Michel: 021 159 8426
Sat 2 nd	No Pool	6.30-7.30pm For enquiries Linda Geeves 027 249 8483
Sat 16 th	No Pool	
Sun 17 th	Woodend Beach Day	From 1pm contact: Linda Geeves: 027 249 8483

May

Sat 7 th	No Pool	6.30-7.30pm for enquiries Linda Geeves 027 249 8483
Sat 21 st	No Pool	

June

Sat 4 th	No Pool	6.30-7.30pm for enquiries Linda Geeves 027 249 8483
Sat 18 th	No Pool	
Sun 19 th	Mid-winter Swim	2.00 pm for enquiries Michel 021 159 8426

July

Sat 2 th	Mid-winter Lunch	Midday Garden City Restaurant - Book with Kevin 027 228 9860
Sat 2 th	No Pool	6.30-7.30pm For enquiries Linda Geeves 027 249 8483
Sat 16 th	No Pool	

IMPORTANT NOTE for Pool users - the pool will be closed until further notice due to COVID.

DUNEDIN

May

Sun 22 nd	Naked Indoor Bowls	1 pm Warrington Hall: contact Julie 027 471 8941 (See flyer on page 7)
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June

Sun 19 th	Mid-Winter Swim	Noon at Warrington Beach: for more contact Julie 027 471 8941
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